

## Recommendations for Outdoor Activity Equipment

Hello parents! I've had a lot of inquiries about should you be getting for your cub when it comes to participating in overnight camping activities. I have compiled a starting list that will be very helpful as you plan this out, and it also includes some recommended items from Amazon that I think will help get you started. If you already have some of this at home, by all means use that instead. This is only a guideline. If you have any questions about this, connect with me at 704-699-6158.

- Scott Glines, Cubmaster Pack 82

### The Six Essentials:

1. First-aid kit  
<https://a.co/d/0uabS70> (~\$10, 4.8/5 stars)  
A compact kit with basic supplies like bandages, gauze, and antiseptic wipes.
2. Water bottle  
<https://a.co/d/emQZCem> (~\$15-\$15, 4.8/5 stars)  
Durable, lightweight, and leak-proof.
3. Flashlight  
<https://a.co/d/2C51NyV> (~\$15, 4.6/5 stars)  
A small, sturdy flashlight perfect for kids, includes batteries.
4. Trail food  
<https://a.co/d/4Blq6YR> (~\$12 for 18 bars, 4.8/5 stars)  
A healthy and kid-friendly option for trail food.
5. Sun protection  
<https://a.co/d/5PbBHrI> (~\$25, 4.8/5 stars)  
Water-resistant and perfect for kids.
6. Whistle  
<https://a.co/d/6cALir1> (~\$5, 4.7/5 stars)  
A loud whistle ideal for emergency situations.

### Additional Basic Supplies:

7. Backpack  
<https://a.co/d/a7Terf2> (~\$25, 4.7/5 stars)  
Spacious and lightweight for kids to carry their essentials.
8. Sleeping bag (summer)  
<https://a.co/d/6Tf46Iv> (~\$50, 4.7/5 stars)  
A kid-friendly sleeping bag designed for mild weather (50f).
9. Sleeping bag (winter)  
<https://a.co/d/eTQrUxQ> (~\$50, 4.5/5 stars)  
A kid-friendly sleeping bag designed for colder weather (20f).

10. Ground barrier/pad

<https://a.co/d/1z787I5> (~\$30, 4.5/5 stars)

Lightweight and provides insulation from the ground (22in).

11. Mess kit

<https://a.co/d/6Tvu9YG> (~\$25, 4.0/5 stars)

Durable, lightweight, and perfect for outdoor meals 5 piece metal kit.

12. Reusable utensils

<https://a.co/d/baeeVOM> (~\$7, 4.5/5 stars)

Metal, durable, compact. Clips together and can be stored with the mess kit.

13. Personal hygiene items

<https://a.co/d/9vQg01Y> (~\$10, 4.7/5 stars)

Includes a compact toothbrush and toothpaste for easy packing.

14. Clothing

Weather-appropriate layers, extra socks, and a rain jacket.

**Optional Items:**

Optional items can include insect repellent, a small camp chair, and fun items like a frisbee or card games to enjoy downtime.